

Monthly Budget

<u>Home</u>	<u>What You Spend</u>	<u>Ideal (yet realistic) Spend</u>
Rent/Mortgage		
Renter's or Homeowner's Insurance		
Utilities (electric, gas, t.v., internet, water, trash, etc.)		
Maintenance on Home		
Monthly Household Supplies for Upkeep (cleaning, etc.)		
<u>Car</u>		
Car Payment		
Car Insurance		
Gas		
Parking Costs/Tolls		
Repairs/Washes		
<u>Debt</u>		
Student Loans		
Medical Bills		
Credit Card Debt		
Back Taxes		
Other Debts		
<u>Savings</u>		
Retirement		
Savings (untouchable...cash-ready...emergency)		
Savings/investing (touchable/playable)		
<u>Consumption</u>		
Food – in home		
Food – out of home		
Drinks (alcohol, etc.)		
Vitamins/Supplements		
<u>Self-Care</u>		
Personal Grooming (hair, nails, tanning etc.)		
Toiletries		
Gym Membership/personal trainer		
Yoga/Sporting/ Athletic		
Coaching/Therapy/Mentoring		
Videos or Books		
Health Insurance		
Massage/Chiropractic Care/Homeopathy		

<u>Other</u>		
Phone		
Gifts/Charity		
Pet Costs		
Clothing		
Childcare		
Educational		
Business Start-Up		
Spousal/Child Support or Alimony		
Travel		
<u>Entertainment</u>		
Nights out and about		
Hobbies (boating, golf, etc.)		
Subscriptions/Memberships		
Anything else you buy!		
	Total	Total